

Osher Lifelong Learning Institute *at UK, Lexington*

Offering learning opportunities for adults 50+

2016 FALL CATALOG



Save The Dates!

OLLI Open House

August 3, 2016
10 - 12 noon

Consolidated Baptist Church
1625 Russell Cave Road

Donovan Forum Series

Thursdays, Sept. 8 - Dec. 1
1:15 - 2:30 p.m.

New Lexington Senior Center
195 Life Lane
(Richmond & New Circle Roads)
Free & Open to the Public

New Tuesday Speaker Series

Tuesdays, Sept. 6 - Oct. 11
12 - 1 p.m.

Lex. Public Library - Northside
1733 Russell Cave Road
Free & Open to the Public

OLLI Holiday Concert

Saturday, Dec. 3
Location TBD

OLLI OFFICE

UK Ligon House
658 S. Limestone
Lexington, KY 40506-0442
(859) 257-2656
Toll free (866) 602-5862
www.uky.edu/OLLI

Join us & invite a friend for the OLLI at UK, Lexington

Open House

Wednesday, August 3, 2016

10 a.m. - 12 noon

New Location: Consolidated Baptist Church
1625 Russell Cave Road

This is an exciting time for the OLLI at UK
as we continue to grow in number and in offerings.
Annual 2016 - 2017 Membership opens August 1,
Fall Registration opens August 9, in two phases.

Online Registration - information you need to know:

- ◆ August 1 starting at 10 a.m. Annual Membership opens.
- ◆ A Fall semester Risk Release (RR) is now online. A free "RR class" has been created. Add the class to your shopping cart, then carefully complete the RR that pops up. Note: RR will be available online Aug. 1-8 and after Aug. 15.
- ◆ Registration can be completed online or by mail only.
- ◆ Registration will open in 2 phases to distribute registration traffic more evenly across the day. You are welcome to register in the morning, the afternoon, or both:

Tuesday, August 9th

10 a.m. Phase One

Registration will open for all courses
except those in Phase Two.

1 p.m. Phase Two

Registration will open
for all History & Government courses.

- ◆ Mailed registrations will be processed using the same phased schedule above.

A Special Thank You

to our Fall 2016 *Host Locations* for
providing the spaces that allow our program to exist and to grow!

Host Locations & Addresses

Beaumont Presbyterian Church	1070 Lane Allen Road
Central Baptist Church	110 Wilson Downing Road
Consolidated Baptist Church	1625 Russell Cave Road
Crestwood Christian Church	1882 Bellefonte Drive
Gethsemane Lutheran Church	2185 Garden Springs Drive
Hunter Presbyterian Church	109 Rosemont Garden
Legacy All Sports	261 Ruccio Way
Lexington Public Library, Northside	1733 Russell Cave Road
Lexington Senior Center	195 Life Lane - <i>New Location!</i>
Lexington Theological Seminary	230 Lexington Green Circle
Morning Pointe of Lexington	233 Ruccio Way
St. Andrew Antiochian Orthodox Church	1136 Higbee Mill Road
Southern Heights Baptist Church	3408 Clays Mill Road
Temple Adath Israel	124 North Ashland Avenue
Twin Pines Christian Church	1139 Tanbark Road
Unitarian Universalist Church	3564 Clays Mill Road

INCLEMENT WEATHER POLICY: OLLI at UK follows Fayette County Public School (FCPS) closings. Due to inclement weather, when Fayette Co. Public Schools:

- **Are closed:** ALL OLLI programs are Cancelled. (Courses, Donovan Forums, events, SIGs, Speaker Series, meetings, etc.) No exceptions.
- **Let out early during the day:** All programs scheduled from that point on **will be cancelled.**
- **Have a delayed opening:** OLLI programs continue as scheduled.

*** IMPORTANT ***

- **Watch local media** for announcements regarding FCPS.
- **Before heading out** in inclement weather, check your email and voice mails, there have been times when individual classes have had to cancel.
- **OLLI at UK expects that everyone,** Members, Instructors, Facilitators, Volunteers, Guests, Presenters, etc., **will always use their own judgment** when determining whether traveling is a safe choice for their individual situation. If you choose to travel, please travel with care!

DONOVAN FORUM SERIES

Thursdays, September 8 - December 1

***New Time & Location:* 1:15 - 2:30 p.m. at the Lexington Senior Center - 195 Life Lane**

(Light refreshments served the 1st Thursday of each month at 1 p.m.)

* No need to RSVP. We look forward to seeing you there!

- Sept. 8 **History of Henry Clay in 25 Objects**, Eric Brooks, Curator, Ashland, The Henry Clay Estate
- Sept. 15 **The Artistry of Oriental Rugs**, Hassan Rahimi, Owner, Oriental Rug Outlet
- Sept. 22 **A History of the Daniel Boone National Forest**, Kimberly Bonaccorso, U.S. Forest Service
- Sept. 29 **The Great Diabetes Epidemic**
Gilbert Friedell, M.D., Director Emeritus, Markey Cancer Center, UK
- Oct. 6 **Geology & Geologic Hazards of Kentucky**, John Kiefer, Ph.D., OLLI Scholar
- Oct. 13 **Bringing 10,000 Families to Self-Sufficiency**, Bill Farmer, CEO, United Way of the Bluegrass
- Oct. 20 **Broadcasting Today**, Jack Pattie, Radio Host, WVLK
- Oct. 27 **Rethinking American Politics for a World in Crisis** Herbert Reid, Ph.D. UK Prof. Emeritus
- Nov. 3 **Writing, Publishing, & Marketing**, Eddie Price, Retired Teacher & Kentucky Author
- Nov. 10 **C.J. Young Artist: Archaeology of Civil War Photography**
Stephen McBride, Ph.D., Camp Nelson Civil War Park
- Nov. 17 **Walking Across Afghanistan in High Heels: One Diplomat's 10-Year Adventure**
Deborah Alexander, Ph.D., Retired, U.S. Department of State
- Dec. 1 **Big Band Music from the 1940's**, Young at Heart Big Band
- NOTE: Watch the OLLI website and E-Blasts for detailed descriptions and schedule changes.**

TUESDAY SPEAKER SERIES: 12 - 1 p.m.

September 6 - October 11

Northside Branch, Lexington Public Library, 1733 Russell Cave Rd.

* No need to RSVP. Bring your lunch and come join us!

- Tues., Sept. 6 **We've Been Here Since Boone: A Brief History of Black Women in Kentucky**
Karen Cotton McDaniel, Ph.D., Co-Creator/Co-Author KY African American Encyclopedia
- Tues., Sept. 13 **Coral Reefs, Coal Forests, Continental Collisions & Catastrophe: the Construction of KY**
Diana Rast, Retired Researcher in Volcanic & Earthquake Studies
- Tues., Sept. 20 **Personal Safety, Identity Theft and Scams**
Officer Bige Towery, Director, Community Services, Lexington Police Department
- Tues., Sept. 27 **African Americans and the Military in the Early 1900s**
Michael Jones, Former Curator, Kentucky Historical Society
- Tues., Oct. 4 **Genetics & Healthy Brain Aging**
Gregory A. Jicha, M.D., Ph.D., Sanders-Brown Center on Aging, UK
- Tues., Oct. 11 **Finding Your Family: Beginning Genealogy Research**
Sarah Hubbard, Manager, KY Room, Lexington Public Library

This Series is presented in collaboration with the Lexington Public Library, Northside Branch.

SPECIAL EVENTS

Double Your Pleasure! 4-Hand Piano Concert

Reservations Required

Wednesday, August, 31, 6 - 7 p.m., Crestwood Christian Church (Sanctuary). Register online or by mail. This program of music for piano, 4 hands, begins with the irrepressible joy and tender lyricism of a Mozart sonata, moves on to some lovely waltzes by Brahms (both with and without voice), and ends with a varied group of characteristic dances from several countries. There will be a brief introduction providing commentary on the art of duet playing and the pieces performed. **Performers: Barbara Rogers, piano, Svitlana Merlichenko, soprano, Svetlana Alkhasova, piano. Seats are limited, tickets are complimentary and required. Limit 100**

An Afternoon With the Artists: SENSE AND SENSIBILITY

Cost: \$10 Ticket

Sunday, December 11, 1 p.m. (Performance starts at 2 p.m.), Guignol Theatre, Fine Arts Building, 465 Rose Street. The UK Department of Theatre & Dance is offering this special opportunity. Your day begins at 1 p.m. Students will meet the Director, Producer, and designers of "Sense and Sensibility". You will take a backstage tour prior to enjoying the show, then immediately following the show, participate in a conversation with the cast and crew. **Performance: "SENSE AND SENSIBILITY Know your own happiness".** This adaptation of Jane Austen's classic novel follows the Dashwood sisters after their father's death. Reputation, rumors, and romance in 18th-century England are explored through the stories of Austen's strong-willed female protagonists. Parking is available in all E Lots between Euclid Ave. and Rose Lane (not patrolled on weekends). **Limit 20**

TECHNOLOGY

Beginning Digital Photography

Course Fee: \$25

Instructor: Carol Rice Cain, Mondays, September 12 - October 24, 2 - 4 p.m., Lexington Senior Center (Classroom A). With the dawn of digital photography, we were presented with new lifelong learning opportunities. In this beginning class students will learn how to set their cameras for different scenes and practice a new lesson every week. At the end of class, you will know the basics of your camera including: symbols, pixels, size of photographs and how to apply the rules of photography to enhance your photographs. Types of photographs will include: family, nature, macro, holidays, reflections, flowers, fall color and complete a class project. We will prove once again that a picture is truly worth a thousand words. Students will need to bring a digital camera and the instruction book to class. **Limit 20**

CULTURE

Christianity: A Global Perspective

Course Fee: \$25

Instructor: Father Tom Gallaway, Thursdays, September 15 - December 1 (no class Oct. 20 & Nov. 24), 1 - 3 p.m., St. Andrew Antiochian Orthodox Church. We will explore Christianity, as first and foremost, an Eastern religion discussing the cultures that embraced it: Semitic Syriac, Egypt & North Africa, Ethiopia, India, Greece, Armenia, as well as Rome and Europe. This class will examine Christianity expressed in various languages and cultural settings, and explore the conflicts that arose in doctrinal expression which lead to the many divisions that exist today. We'll look at its impact currently in the Middle East, missionary issues in Africa, the decline of Christianity in Europe and in the west, and emerging Christianity in the third world. **Limit 40**

Comedy Film Gems from Around the World

Course Fee: \$25

Instructor: Ken Kurtz, Thursdays, October 20 - December 15 (no class Nov. 24), 10 - 12:30 p.m., Lexington Senior Center (Classroom A). During this class we'll review 8 films from 6 different countries representing the humor and traditions of each. We'll look at why some film directors specialize in comedy over drama. Movies will include a few famous comedy films, and one or two you've never heard of, but should see. **Limit 30**

Exploring the World of American Art

Course Fee: \$25

Instructor: Marcia Freyman, Mondays, October 31 - December 5, 11:30 - 1:30 p.m., Lexington Senior Center (Classroom A). We will explore European influences on American artists as well as new and innovative styles inherent in this country's artworks. Beginning with the early Revolutionary period in American history and continuing into the modern styles of the 20th century, we will trace the development of art in America. **Limit 38**

Hollywood Loves Satire and Parody: Ten Funny Movies!

Course Fee: \$25

Instructor: Ed Reeves, Wednesdays, September 7 - November 9, 1 - 4 p.m., Hunter Presbyterian Church (Fellowship Hall). When making movies, Hollywood has drawn rich inspiration from satire and parody that has flourished in American popular art, theatre, and literature. **The focus of this movie course will be to explore this hilarious cinematic genre by reviewing and discussing some exemplary films.** Emphasis will be given to exploring how these movies were made, as well as how the movies' themes reflected the times in which they were made. **Limit 30**

Religious Movements in America

Course Fee: \$25

Instructor: Elaine Ozment, Tuesdays, September 6 - November 1, 10 - 12 noon, Lexington Theological Seminary, (3rd Floor # 319). We will discuss new religious movements which originated, or developed doctrines, that incorporated uniquely American characteristics and reflect the diversity of religious practice in the United States today. During this study, beliefs and practices will be viewed both from a historical perspective and current practice. We'll explore how many of these religions are practiced in America, and in Lexington, today. **Limit 30**

HEALTH & WELLNESS

Beginning Line Dance Level 1: Ultra Beginner - Your Other Right Foot

Course Fee: \$25

Instructor: Shirley Bryan, Thursdays, September 8 – December 1 (no class Nov. 24), 1 - 2 p.m., Central Baptist Church (Gym). An introduction for those who have never danced and/or want to learn the basic steps and styles of line dancing. Learn to follow various rhythms while practicing dance etiquette and step technique. Course will focus on proper foot/body positions, dance terminology, rhythms, and basic dances. **Limit 40**

Beginning Line Dance Level 2: & 5, 6, 7, 8

Course Fee: \$25

Instructor: Shirley Bryan, Wednesdays, September 7 – November 30 (no class Oct. 12, Nov. 2 & 23), 12 - 1:30 p.m., Central Baptist Church (Gym). Let's dance! After learning and reviewing beginner line dance steps and technique we'll challenge our brains and bodies to remember step combinations to a variety of music styles. Dances will cover up to 48 count. All styles of music and dance will be used. **Limit 50**

Beginning Line Dance Level 3: Advanced Beginner & Contra

Course Fee: \$25

Instructor: Shirley Bryan, Wednesdays, September 7 – November 30 (no class Oct. 12, Nov. 2 & 23), 1:30 - 3 p.m., Central Baptist Church (Gym). Let's dance - not just in lines facing the front but occasionally facing each other. Continue learning various styles of beginner line dances while improving your step technique. Successful completion of Level 1, or equivalent, required. Note: this is not couples contra folk dancing. **Limit 40**

Line Dancing: Improver through Advanced

Course Fee: \$25 each

Instructor: Mimi Ilgaz, Legacy All Sports (Upstairs Dance Studio). Mimi travels nationally and internationally to bring new line dancing styles and techniques to her students. Dancing maintains and strengthens muscles, coordination, and improves cardiovascular function. You will improve your rhythm, relax the body, mind, and it's fun! Wear tennis shoes (no hard soles) & comfy clothes. Intermediate and Adv. levels require instructor approval.

Mondays & Thursdays, Sept. 8 - Dec. 8

Improver: 9 - 9:50 a.m. Limit 50

Intermediate: 10 - 10:50 a.m. Limit 50

Advanced: 11 - 12 noon Limit 35

Tuesdays, Sept. 13 - Dec. 13

Intermediate: 12:45 - 2:45 p.m. Limit 50

(No classes Oct. 6, 10 & Nov. 24)

HEALTH & WELLNESS (CONT.)

Planning to Age in Place

Course Fee: \$25

Instructor: Beth Hunter, Fridays, October 28 - November 18, 2 - 4 p.m., Lexington Senior Center (Classroom A). This course will provide a broad overview of current best practice environmental design ideas that support people aging in place. We will also describe, and in some cases show, different assistive technology (from low to high tech) that can also support aging in place. Finally we will provide information on common safety issues related to aging in the community, to enhance knowledge and encourage prevention. **Limit 25**

Slow Flow Yoga

Course Fee: \$25

Instructor: Josette Garstka, Tuesdays & Thursdays, September 13 - December 1, (no class Sept. 20, 22, Nov. 8 & 24), 11:15 - 12:15 p.m., Crestwood Christian Church (Gym). This class will be a Vinyasa style yoga class connecting breath to movement. We will begin each day with short breathing and meditation exercises, moving into Sun Salutations. Each day will include a practice of basic yoga postures and how to link these with our breath to create a balance between the mind and body. Many options will be offered for the postures so all levels can participate. In each class we will incorporate core exercises for strength, stretching to increase our flexibility, balance work and relaxation postures for stress release. **Limit 75**

Taoist Tai Chi

Course Fee: \$25

Instructor: Tony Stallins, Tuesdays, September 6 - October 4, 3:30 - 5 p.m., Temple Adath Israel (Auditorium). In this short introductory class, we will begin learning the first of the 108 moves of the Taoist Tai Chi set. These movements can reduce stress and bring a wide range of health benefits to the muscular, skeletal and circulatory systems. Following this introductory course, there are additional courses offered in Lexington to continue learning. No experience with Tai Chi is required. Wear comfortable clothing and shoes that allow movement and balance. For more information on this style of Tai Chi, visit <http://www.taoist.org/> **Limit 30**

HISTORY & GOVERNMENT

The American Revolution: War in the North

Course Fee: \$25

Instructor: Susan Bottom, Wednesdays, September 7 - October 26, 9:30 - 11:30 a.m., McConnell Springs Park. When the American Revolution broke out between thirteen divided colonies and the British Empire, the colonists had no standing army or navy and almost no men with real military experience. Yet militiamen became capable soldiers and a few men from Germany, Poland, and France brought military expertise to the fight. This class will explore the events and the lives of the people who endured and occasionally won the Revolutionary War battles in the north. Among them will be George Washington, bookseller Henry Knox, mariner John Glover, Benedict Arnold and the Marquis de Lafayette. **Limit 60**

Camp Nelson: The Historic Significance

Course Fee: \$25

Instructor: Phil Maxson, Monday & Thursday, September 26 & Sept. 29, 6 - 7:30 p.m., Crestwood Christian Church (Bradford Room). This class will discuss the significance of Camp Nelson during the Civil War. Of particular interest is the importance it had for African Americans. The Emancipation Proclamation did not apply to Kentucky because it was a slave state that did not secede from the Union. Slaves from Kentucky, however, could gain their freedom by joining the Union Army. Approximately 10,000 did so at Camp Nelson. That freedom also applied to their families later in the war. The first two meetings will be in the classroom. The last class will be a trip to Camp Nelson on a Saturday to tour the grounds and visit the exhibits. **Limit 25**

The Cultural Background, Creation, and Evolution of the United States Constitution

Course Fee: \$25

Instructor: J. Larry Hood, Tuesdays, September 13 - October 11, 10 - 12 noon, Southern Heights Baptist Church. This course will consider how the events and ideas within the history of the West, especially British history, led to the colonials' claim of a God-given birthright to freedom and self-government. We'll discuss how they created a frame of government to exercise that right. The course will also look at how Americans, in living out that birthright since 1787, have modified and interpreted the Constitution. **Limit 30**

Elder Law 101**Course Fee: \$25**

Instructor: Dave Emerson, Wednesdays, September 7 - October 12, 2 - 4 p.m., Lexington Senior Center (Classroom A). This class is designed to help the mature Kentuckian navigate the legal issues involved in the aging process. Specifically, but not limited to: what happens to property if you do or do not have a will; the effectiveness of revocable, irrevocable and Living Trusts; step-by-step through probating an estate; incompetence proceedings (e.g., dementia and Alzheimer's) and how having a Power of Attorney can affect those processes; and, end of life issues such as a Living Will, the health care surrogate, DNR questions, and how to be involved with the medical community in making quality of life decisions. Whether you are looking for answers for yourself or a loved one, we look forward to having you join us. **Limit 38**

The Epic of Mahabharatha: War or Peace?**Course Fee: \$25**

Instructor: Seetha Subramanian, Tuesdays, September 6 - October 11, 9 - 11 a.m., Lexington Senior Center (Classroom A). Humans have always fought wars. Has anything changed since 3,000 BCE? What weapons were used at that time? Is the nuclear bomb an old or new concept? Does peace have any validity and how long does it last? This class will cover the Great War of the People of Indus, Ganges, and the Saraswathi Valleys. We will study Lord Krishna's teachings in the Bhagavad Gita, amidst the two warring cousins, and discuss whether duty and honor is still valid. **Limit 38**

Great Decisions: Discussions of Critical Global Issues**Course Fee: \$25**

Instructor: Ted Oldham, Mondays, September 12 - October 24, 11:30 - 1:30 p.m., Lexington Senior Center (Classroom A). The Foreign Policy Association's Great Decisions grassroots initiative began in 1954 and has grown to tens of thousands participating each year. The program provides information and a format for groups to discuss the "most critical global issues facing America today." Members learn together as they exercise critical thinking skills and share their personal understandings of issues that are sometimes complex and controversial. This Fall we will cover the following topics: Shifting Alliances in the Middle East, The Rise of ISIS, International Migration, Korean Choices, The United Nations Post - 2015, Climate Geopolitics, Cuba and the U.S. Purchase of the Great Decisions Briefing Book is recommended and available online at: www.fpa.org/great_decisions/
Limit 25

The People Who Created Our Language: Exploring Our Indo-European Heritage**Course Fee: \$25**

Instructor: Penny Lamb, Fridays, September 9 - October 28, 11:30 - 1:30 p.m., Lexington Senior Center (Classroom A). About 6000 years ago, a group of farmers somewhere in Eurasia spoke a language we now call Proto-Indo-European. Wanderers at heart, small groups began to spread in almost every direction. As they traveled, the words they used changed, dialects formed and one language became dozens, then hundreds. Today their descendants are all over the globe. About 3 billion people speak languages that evolved from the original mother tongue, including our own English. In this course we will search for their original homeland, learning how they lived and what they believed. We will investigate the various branches of the Indo-European language family and sample several of the daughter languages. We will also explore the processes which give rise to many languages from one. **Limit 25**

Reformations, Confessions, and Religious Wars: Europe 1500 - 1648**Course Fee: \$25**

Instructor: E. Randolph Daniel, Wednesdays, October 5 - November 16, 11:30 - 1:30 p.m., Lexington Senior Center (Classroom A). Reform of the church had been talked about for more than a century, but when Martin Luther tacked up his theses on the church door at Wittenberg, a series of theological propositions exploded. Luther swept aside the sacrament of confession, and with it, the priesthood itself. German peasants revolted. Anabaptist movements blossomed. John Calvin's reforms in Geneva spread to the Netherlands and Scotland. The Council of Trent made important reforms in the Roman Catholic Church. Catholics, Lutherans, and Calvinists drew up detailed theological confessions and made them mandatory for their believers. Both kings and princes took sides and reformed the churches in their territories. Wars began in the 1540s and lasted until 1648. By then, Europe that had been united under Latin Christianity was split not only by political barriers but also by religious ones. **Limit 38**

HISTORY & GOVERNMENT (CONT.)

Seapower and the Rise of the US Navy

Course Fee: \$25

Instructor: Ken Scher, Wednesdays, October 5 - November 30, 9 - 11 a.m., Lexington Senior Center (Classroom A). This course will consider how navies impact the role of nations in world affairs. Starting in the ancient world and continuing with Asia, the middle east and Europe the role of navies will be summarized. The British Navy of the 18th, 19th and early 20th centuries will be examined. Finally, this course will address the contribution of seapower to the conflicts of the 20th and 21st centuries, culminating in the emergence of the U.S. Navy as the world's dominant naval power since WWII. **Limit 38**

The Warp and Woof of American Politics in Kentucky

Course Fee: \$25

Instructor: J. Larry Hood, Tuesdays, October 25 - November 22, 10 - 12 noon, Southern Heights Baptist Church. This course will look back in history, beginning in 1774, to explore Kentuckians' understanding of and experiences in: 1) political ideology, 2) the structures of governmental power, 3) class conflict and politics, 4) race and politics, 5) the partisan pursuit of power, and 6) post-modern multiculturalism and politics. **Limit 30**

LANGUAGES

Spanish - Level 1A

Course Fee: \$25

Instructor: Richard Dwyer, Wednesdays, September 14 - November 16, 10 - 11 a.m., Beaumont Presbyterian Church. Spanish 1A is for students with no previous Spanish or for students who studied Spanish many years ago. We will learn Spanish using handouts that will be e-mailed each week and conversational practice. During this semester the focus will be on vocabulary building, basic sentence construction and learning to use present tense verb forms. You will be surprised at how much Spanish you will be able to speak and understand by the end of the first semester. **Limit 45**

Spanish - Level 2A

Course Fee: \$25

Instructor: Richard Dwyer, Wednesdays, September 14 - November 16, 11:15 - 12:15 p.m., Beaumont Presbyterian Church. Spanish 2A is a continuation of Spanish 1B that was offered in the spring. It is designed for those who have had some Spanish in the past. We will continue learning Spanish with handouts and conversational practice. The focus in the class will be learning the usage of past tense verbs, developing conversational skills and reading short paragraphs. **Limit 40**

Spanish - Level 3A

Course Fee: \$25

Instructor: Richard Dwyer, Wednesdays, September 14 - November 16, 12:30 - 1:30 p.m., Beaumont Presbyterian Church. Spanish 3A is a continuation of Spanish 2B that was offered in the spring. We will continue studying Spanish using handouts, conversational practice and readings. The grammatical focus will be on the more complicated past tense verbs. At the same time, we will be learning more idioms. **Limit 40**

Spanish - Level 4A

Course Fee: \$25

Instructor: Richard Dwyer, Wednesdays, September 14 - November 16, 1:45 - 2:45 p.m., Beaumont Presbyterian Church. Spanish 4A is a continuation of Spanish 3B that was offered in the spring. This intermediate level Spanish class will be taught in both English and Spanish. In addition to continued study of grammar focused on more complex verb conjugations, we will spend twenty minutes each class session speaking only in Spanish. We will also read selections from various books, periodicals, and newspaper articles. **Limit 40**

LITERATURE & WRITING

Current Fiction: Far-Flung Places

Course Fee: \$25

Instructor: Deborah Witham, Mondays, September 12 - October 24, 9 - 11 a.m., Lexington Senior Center (Classroom A). Travel around the world while sitting comfortably in your favorite chair. We'll read and discuss six novels set in foreign lands, and explore the culture, history, and geography of their international settings. Class members need only to have read each book. All titles are available in paperback and may be available from the library and/or e-book. **Limit 20**

More Fun with Poetry

Course Fee: \$25

Instructor: Brigit Truex, Tuesdays, October 18 - December 6, 2 - 4 p.m., Lexington Senior Center (Classroom A). If you've toyed with writing poetry, here's your chance to do so in an informal, supportive setting with like-minded folks! We will explore the writing of a variety of traditional and contemporary poets as inspiration for creating our own works through in-class writing exercises and take-home work. Emphasis will be on individual creativity and unique expression. Bring paper and pen, and be armed with enthusiasm and willingness to explore and share. All levels and experience welcome. **Limit 20**

OUT OF THE BOX

Linking Beverages with Turning Points in History

Course Fee: \$25

Instructor: Rita Basuray, Tuesdays, September 13 - November 1, 11:30 - 1:30 p.m., Lexington Senior Center (Classroom A). Alcoholic and caffeinated drinks are linked to interesting chapters of human history. Using the book A History of the World in 6 Glasses, this course will explore the links between availability of water and human progress, alcohol and decreased disease, tea and the industrial revolution, etc. We will examine a new beverage each week including: beer, wine, spirits, coffee, tea and Coca-Cola. The physiology of thirst, effects of alcohol on mental acuity and effects of caffeine on the heart will be explained. This course will offer group and peer to peer interaction, as well as an optional field trip. New & used books are available online and at any bookstore. **Limit 38**

OLLI Conversations: Exploring a World of Ideas Together

Course Fee: \$25

Instructor: Toni King, Fridays, September 9 - October 28, 9 - 11 a.m., Lexington Senior Center (Classroom A). Each week participants will experience various creative resources especially chosen to spark conversations within the OLLI community. The conversations will evoke a deeper understanding of our individual lives', communities, state and world. During the 8 week period inspiring, funny, informative, beautiful and courageous discussions will be facilitated by various OLLI Curriculum Committee members. Each session will start with an introduction to an important topic followed by a time of open conversation. Each participant should bring an open mind willing to explore ideas that may spread beyond the OLLI community. **Limit 35**

PERFORMING ARTS

OLLI Chorus

Course Fee: \$40

Artistic Director: John Stegner, Wednesdays, September 7 - November 30, 1 - 3 p.m., Twin Pines Christian Church (Sanctuary). The OLLI Chorus is designed to provide an opportunity for growth and development in quality choral music. A multitude of genres and musical styles, while dealing with proper vocal and choral techniques, will be emphasized in the preparation and rehearsal of the music. OLLI singers will be encouraged to sing with a sense of blend and balance, striving for a professional choral sound. Join the Chorus this Fall for an enjoyable, yet challenging, experience. **OLLI Holiday Concert: Saturday, Dec. 3. Limit 125**

From the Page to the Stage

Course Fee: \$40

Instructor: Lynda Matusek, Mondays, September 12 - November 7, 1 - 3:30 p.m., Unitarian Universalist Church. Students will have the opportunity to work on their acting techniques, especially vocal production and interpretation. Students will choose short monologues, scenes or poetry as material for practice and performance. This can be original work if desired. Memorization, especially for character-driven scene work, is encouraged **but not required**. Some performance opportunities will be provided; students should expect that two classes will meet at local retirement communities. **A final performance, open to the public, will be November 7th at 7 p.m.** No one will be required to perform outside of class. **Limit 20**

PERFORMING ARTS (CONT.)

Improvisation for Everyone

Course Fee: \$40

Instructor: Margo Buchanan, Wednesdays, September 7 - November 9, 2 - 4 p.m., Unitarian Universalist Church (Great Hall). Improvisation is fun and is also a gateway to mindfulness. Every exercise and game is geared to free the mind, body and spirit. We will learn and practice the basic rules of improvisation each week adding an additional focus on body work, props, words, and character development. Weekly observation exercises will encourage greater awareness and awareness of the present moment. **Limit 20**

Ukulele for Beginners

Course Fee: \$25

Instructor: Patti Ballenger, Mondays, September 19 - November 14, 9 - 10 a.m., Morning Pointe of Lexington (Ruccio Way). Have you always wanted to play an instrument but music notation is an intimidating foreign language? Do you sing throughout the day? If yes, then this is the OLLI performing arts class designed for you. The ukulele is a happy instrument that brings out the joy of sing-a-longs. Learn to play chords on four nylon strings and belt out familiar tunes. There is no music notation to read in this class, just chords to strum and lyrics to sing. Come along for the ride! **Limit 20**

Ukulele Sing-a-long: Chords and More

Course Fee: \$25

Instructor: Patti Ballenger, Mondays, September 19 - November 14, 10:15 - 11:15 a.m., Morning Pointe of Lexington (Ruccio Way). This class is a sing-a-long of all time favorite ukulele songs. New chords will be added with emphasis on strumming technique. Learn to choose the strum pattern most appropriate. Perform dexterity exercises to make fingers work independently with power and control. Class objective is to enjoy playing and singing with greater confidence and increased precision. Prerequisite: Beginner Ukulele. **Limit 20**

Ukulele Advanced: Techniques

Course Fee: \$25

Instructor: Patti Ballenger, Mondays, September 19 - November 14, 11:30 - 12:30 p.m., Morning Pointe of Lexington (Ruccio Way). This is a techniques course designed to present and apply riffs, blues improvisation, Hawaiian style vamp intros, and finger picking methods. Learn riffs from famous songs, write and play your very own blues song, accompany chord players with improvisation, and learn the secrets to making a Hawaiian sound. Prerequisite: Beginner Ukulele. **Limit 20**

SCIENCE AND ENVIRONMENT

Cosmic Avatars - A Scientific Approach

Course Fee: \$25

Instructor: Seetha Subramanian, Tuesdays, September 6 - October 11, 2 - 4 p.m., Lexington Senior Center (Classroom A). Six professors from UK and BCTC departments of math, physics and chemistry will serve as guest presenters during this class. Each will lead us on an exploration of their favorite topic of interest surrounding the Cosmos and our own Earth. Come join us for the most up-to-date information and some hands-on experiences in class. **Limit 38**

Gardening for the Living Landscape

Course Fee: \$25

Instructor: Katrina Kelly, Mondays, October 31 - December 5, 9 - 11 a.m., Lexington Senior Center (Classroom A). In this class we'll cover a variety of topics including basic and proper gardening techniques. We'll learn how to create a living landscape in your yard that will attract butterflies, birds, and pollinators. Other topics include rain gardens, edible gardens, the difference between a native and invasive plant, and how to be an informed consumer at garden centers. In class we will also read the book Bringing Nature Home by Douglas Tallamy. **Limit 38**

Geology Rocks! & The Rhythm of Life**Course Fee: \$25**

Instructor: Diana Rast, Thursdays, September 8 - October 13, 9 - 11 a.m., Lexington Senior Center (Classroom A). Our Geology Rocks! series continues. OLLI Scholars will experience the paleo-ecologic environments that existed in the distant past as a pathway to increased awareness and understanding of the world within which we travel today. We'll explore Earth processes & landscape formations, rock types & structures and continental movement. Our focus will also include fossils: their distribution, as indicators of past environments (Paleo-ecology) and their role in understanding present day environments. **Limit 25**

VISUAL ARTS

*** Please limit registration to only one visual arts class until August 23. Thank you!
Students provide own supplies, supply lists available online or by calling the OLLI Office.**

Oil Painting - An Introduction**Course Fee: \$40**

Instructor: Joe Schum, Tuesdays, September 6 - November 15 (no class Nov. 8), 1 - 3 p.m., Beaumont Presbyterian Church. This class will utilize fundamental oil painting techniques to complete a painting in each 2 hour session. The instructor will present a composition at the beginning of each session, and demonstrate step by step how to paint it, as the students follow along. Students will leave with their own version of the composition. A limited palette of colors and simple painting techniques will be employed in order to keep the class fun and easy. Necessary supplies will be kept basic to minimize student investment. Students will learn principles of color mixing, perspective, and brush and palette knife application techniques. **Limit 24**

Oil Painting - Intermediate**Course Fee: \$40**

Instructor: Joe Schum, Tuesdays, September 6 - November 15 (no class Nov. 8), 10 - 12 noon, Beaumont Presbyterian Church. This class will teach special oil painting techniques by live demonstration. Techniques to be covered are pallet knife application, scumbling/dry brushing, glazing, tonking, rub out/sgraffito, impasto, dual loading of brushes, template application, spatter and masking. **Limit 24**

Birds and Critters in Watercolor**Course Fee: \$40**

Instructor: Pat Lawrence, Tuesdays, Oct 4 - November 29 (no class Nov. 8), 1 - 3 p.m., Crestwood Christian Church (Art Room). Fill your artistic world with nature's creatures, i.e. birds, bees, and critters. Learn to draw and then paint them to your satisfaction. This is a class for everyone who wants the freedom to mentally and artistically fly. **Limit 20**

The Art of Artists**Course Fee: \$40**

Instructor: Pat Lawrence, Wednesdays, October 5 - November 9, 1 - 3 p.m., Crestwood Christian Church (Art Room). Your creativity will soar as we copy the styles of the masters. Each week a different artist will be introduced to the class. We will learn specifics about the artists' lives, the artistic styles of their time, their personal style and color palettes. The instructor will lead the students through a new drawing/painting each week emulating the style of our chosen artist. Artists chosen will likely include: Miro, Picasso, da Vinci, and others to be determined. Students may choose their own media, however all media must be water-based. **Limit 20**

Artistic Challenges & Critique**Course Fee: \$40**

Instructor: Cindy Flora, Thursdays, September 15 - November 17, 12:30 - 2:30 p.m., Gethsemane Lutheran Church. Broaden your ability to "self-critique" as you create artwork. We'll investigate different aspects of art and design as creative challenges, then use our critique and discussion sessions to see their connection from one painting to the next. Students are encouraged to participate in the weekly creative challenge, as well as work independently, on subject matter of their own choosing, applying our art topics and discoveries. Any medium and all skill levels, from experienced beginner to advanced, are welcome. **Limit 22**

VISUAL ARTS (CONT.)

* Please limit registration to only one visual arts class until August 23. *Thank you!*

**Students provide own supplies. Supply lists available online or by calling the OLLI Office.

Watercolor for Beginning Artists

Course Fee: \$40

Instructor: Bernice Wood, Thursdays, September 8 - November 17, (no class Sept. 22 & Nov. 10) 1 - 3 p.m., Crestwood Christian Church (Art Room). Prepared lessons for beginners cover mixing and a demonstration of painting techniques. Shading and composition planning, and creation of perspective in landscapes are taught. Questions are always welcome, we learn from each other! Continuing beginners may paint subjects of their choice. Supplies to begin painting are easily affordable. Information on supplies will be covered the first class, a supply list will also be available on line and at OLLI Open House. **Limit 20**

Intermediate Watercolor - Glazing and Control Techniques

Course Fee: \$40

Instructor: Bernice Wood, Thursdays, September 8 - November 17, (no class Sept. 22 & Nov. 10) 10 - 12 noon, Crestwood Christian Church. Intermediate artists will advance their skill in the watercolor medium and learn to solve specific questions they encounter in procedure while creating their painting. Control of watercolor paint and the application of glazes is taught to create the features of all paintings. This will be applicable first in floral paintings, backgrounds of which can be either abstract or realistic. Technique will be taught to accomplish each of these effects. Perspective sketching preparation and use of color change to create depth in landscape will also be taught. Information on supplies will be covered the first class, a supply list will also be available on line and at OLLI Open House. Art books will be available for use in class and can be checked out to use at home. **Limit 20**

COMMUNITY ENGAGEMENT UNITED WAY OF THE BLUEGRASS

The United Way of the Bluegrass is offering a wide variety of volunteer opportunities and resources for OLLI scholars with particular emphasis on volunteering with Central Kentucky students. United Way is looking to pair volunteers with students in need of extra social and academic help through the RSVP Trailblazers program. RSVP Trailblazers' specific goal is to focus volunteer talents on greater academic success by tutoring, mentoring and sharing life experiences with our youth and young adults. For more information on this, and additional volunteer opportunities, call 211 or go to www.uwbg.org/trailblazers .

A Special *Thank You* to all the OLLI at UK:

Instructors, Facilitators, Class Assistants, Volunteers,

Advisory Board and Committee Members & Community Representatives!

Thank you for sharing your time, efforts, commitment and love of learning!

With your continuous dedication, the OLLI at UK has grown in so many directions.

We can't wait to see what you will come up with next!

SIGS - SHARED INTEREST GROUPS
(NO COURSE FEES)

SIG: Beginning Bridge Facilitator: Sandra Marlin, Mondays & Wednesdays, starting October 3rd for 4 weeks (8 sessions), 4 - 6 p.m. at the Lexington Bridge Club, 3517 Lansdowne Dr. Discover the enjoyment and recreational benefit of duplicate bridge. Topics will include modern bidding, play of the hand, beginning defense and scoring. Open to anyone interested in learning how to play or becoming reacquainted with the game. **Limit 24**

SIG: Favorite Classic Novels Facilitator: Frances Goodfriend, beginning Thursday, September 22, 1:30 -3 p.m., Tates Creek Branch Public Library. This SIG will meet the 4th Thursday of each month through June 2017. The exceptions are that we will meet on the 3rd Thursdays in November and December). We will consider and discuss some of the beloved classic novels that have captured a worldwide audience through several generations. These works will include many that appeared on our high school required reading lists. Our discussions will include how we perceived these novels when we were younger and how we see them from our 21st century perspective. The SIG will start with David Copperfield by Charles Dickens. Please have it read by the opening discussion date September 22. The book for October 27 will be Persuasion by Jane Austen. Subsequent book choices will be nominated, considered and chosen by the group. **Limit 24**

SIG: Genealogy, Where Did I Come From Facilitator: Bax McClure, 2nd & 4th Thursdays of the month beginning August 25, 1 - 3 p.m. at the East Side Branch of the Lexington Public Library, Palumbo Dr. Genealogy is more interesting and easier to learn when others are available to discuss topics, share knowledge and search for answers together. The focus of this SIG is to learn more ways to find our ancestors and about the various types of software available to store our work. We will also explore methods of sourcing and documenting our finds. Occasionally, we will attend classes offered by others, visit libraries or other genealogy-related facilities. **Limit 25**

SIG: Lifelong Philosophy Facilitator: Jim Carigan, Fridays, beginning September 9 from 9:30 - 11:30 a.m., location to be determined. We will explore a multitude of topics throughout this Fall. Members will be involved in the content and design of each meeting. Leadership will rotate on special topics, discussions based on a group common experience such as a movie, a book, a television episode/series, or specific historical events and characters. **Limit 25**

SIG: The Logic and Art of Reasoning Facilitator: Saeed Salehi, Fridays, September 9 - October 21, 2 - 4 p.m., Lexington Senior Center (Classroom A). This program is designed as a study and discussion group for those who are interested in skills needed to construct logically sound arguments and evaluate the arguments of others. Participants will select arguments for presentation and analysis in the light of social rules for correct reasoning. In addition, given the occasion of the election year, participants will analyze the merits of various arguments presented in local and national media by political candidates and pundits. Saeed has taught university courses in logic and symbolic logic and will provide support and suggestions for study and discussion of weekly topics. **Limit 30**

SIG for Writers Facilitator: Sandy Emerson, Mondays, beginning September 12, 1:30 - 3:30 p.m. at Tates Creek Branch Library. Are you a writer, or a writer wanna be? Do you want to share your writings and your love of writing with others? This group is for writers of fiction, poetry, life stories, technical writings, and songs. The group meets weekly to share our free or structured writings and to support each other in our writing efforts. Experience not required. Enthusiasm expected. See you there. **Limit 20**

FALL 2016 REGISTRATION INFORMATION

Registration is Online or by Mail only.

DIRECTIONS TO REGISTER ONLINE:

1. **Registration opens** on Tuesday, Aug. 9, 2016 in two phases, beginning at 10 a.m. and 1 p.m.
2. **Visit** www.uky.edu/OLLI for the Online Registration Step-by-Step Guide.
3. After reading instructions, **click** on the link to the online registration site: <http://uky.augusoft.net>
4. **Read** through FAQs for important information.

Note: Online registrants will be able to view and print their confirmation information immediately after registering. Receipts and confirmation letters will automatically be emailed.

DIRECTIONS TO REGISTER BY MAIL:

1. **Write in each individual course** you are requesting on the Registration Form insert. Please print clearly.
2. **Enter each fee individually.** Note that fees will differ depending on the class chosen.
3. **Annual Membership fee** is entered on the form for your convenience. The annual membership is \$25. This fee covers your membership starting Fall 2016 through the Summer 2017 semester.
4. ****Semester Risk Release (RR) All members** must complete and sign the OLLI Risk Release every semester prior to participation. It is located on the back of the registration form.
5. **Payment** - Make checks to “**OLLI at UK**” for the total amount due.
6. **Mail right away.** Courses fill quickly! Be sure to include **our 9 digit zip code** for faster receipt **40506-0442**.
7. **Registrations are sorted** by postmark prior to processing daily.
8. **Membership and registration fees paid in full** will be processed immediately in order of receipt.
 - **If payments do not match registrations, paperwork will be returned** promptly to allow for quick adjustments and resubmission. Space cannot be held.
 - **Please double check amounts. We really don't want to send any registrations back!**
10. **Confirmation** letters will be sent to those registering by mail. Check the bottom of the confirmation statement for important information. If you do not receive a mailed response to your request for registration within 2 weeks, please contact the OLLI Office. Please check your email and your online profile. Mailed registrations processed in the OLLI Office will also prompt automatic emails for registrations and wait lists.
11. Lanyards, nametags and member key tags will be given to Instructors and will be handed out at the first class.
12. **Please note:** If you have an “**out of town hold**” on your mail delivery, the Post Office will not deliver the catalog and will automatically return it to the OLLI.

IMPORTANT INFORMATION YOU NEED TO KNOW!

- **Membership in the OLLI at UK is contingent upon following the policies and procedures of the OLLI at UK and our Host Locations. See the OLLI at UK Member Handbook for details:**
www.uky.edu/OLLI
- **Please be advised that courses have limited space and will fill quickly!**
- **Request to register does not guarantee enrollment.**
- **Instructors cannot override OLLI registration policies and procedures.**

REFUND POLICY: Refunds will be given only if courses are already filled or OLLI at UK cancels the course. Wait lists are kept for each course. If you are on the wait list and do not get into your requested course, we will refund your course fee once we determine no spaces will become available, or upon request. If the course you requested is full, you may request another. Refunds of course fees are not available for students who have enrolled, but were unable to attend. **Membership fees are non-refundable.**

UK WELLNESS OPPORTUNITIES

* DATES OF AVAILABILITY FOLLOW OLLI SEMESTER SCHEDULES

OLLI Members are welcome to take advantage of the wellness opportunities at the following recreational facilities on the UK campus. OLLI Members are subject to all facility rules & regulations. **How it works:**

1. **Register** by listing as a course on your Registration Form. A list of OLLI Members registering for the following will be sent to the facilities below.
Notes: You must be on this list and bring your 2016-2017 OLLI Key Tag to gain admittance. There is a fee to use the JRC, paid directly to JRC.
2. **Fall 2016 Risk Release:** The Risk Release on the back of the Registration Form must be completed and returned to the OLLI Office prior to participation.
3. **Parking:** Contact UK parking at 257-5757 for information on parking locations & fees.

Johnson Recreational Center (JRC) - Begins September 6

Fee Payable to JRC

Typical hours (watch for variations): M - F 6 a.m. - midnight, Saturday 9 a.m. - 9 p.m. Sunday 11 a.m. - midnight. OLLI Scholars may join for the UK student fee payable to JRC. JRC is located on Complex Drive.
<http://www.uky.edu/campusrec/facilities/johnson-center/memberships>

Lancaster Aquatic Center (LAC) - Begins September 6

Lap Swim is typically available M,W,F 10 a.m. - 2 p.m., T & TH 9 a.m. - 2 p.m., M - TH 5:15 p.m. - 8 p.m., Sat & Sun 12 noon - 3 p.m. Register with OLLI, then upon arrival, request a swipe card in the pool lobby by showing your OLLI Member Key Tag. LAC is located on the Corner of Univ. & Complex Drs., a block from Cooper Dr. Note: Watch event schedule, times vary due to UK events. <http://www.uky.edu/campusrec/aquatics>

OLLI AT UK, LEXINGTON ADVISORY BOARD 2016 - 2017

Tom Miller, Chair

Tom Stanwix-Hay, Vice-Chair

Ed Reeves, Immediate Past Chair

AT-LARGE BOARD MEMBERS:

Janet Allen
Marcia Freyman
Elaine Ozment

Jane Friedman
Ken Scher
Seetha Subramanian

Toni King
Diana Rast
Tom Stanwix-Hay

COMMITTEE CHAIR PERSONS:

Celebration & Sympathy	Terry Holmes	Promotion & Membership	Sonny Wray
Curriculum	Sandy Emerson	Social	Elaine Ozment
Day Trip Chair	Donna Gann	Volunteer	Nan Starkweather
Donovan Forum	Donna Blue		

University of Kentucky
Osher Lifelong Learning Institute at UK
658 S. Limestone - Ligon House
Lexington KY 40506-0442
Phone: (859) 257-2656

Return Service Requested

Osher Lifelong Learning Institute (OLLI) at UK

OLLI at UK offers educational and enrichment courses, programs and events created for dynamic lifelong learners aged 50+ who are continually searching for exciting topics and exploring new opportunities in learning!

**For more information, contact the OLLI Office:
(859) 257-2656 or Toll Free (866) 602-5862
or visit www.uky.edu/OLLI**

OLLI at UK... Where Curiosity Never Retires!